



DancEsteem Statement

Children are natural dancers. They dance in imagination all the time. My mission to these young dancers is for them to develop their own identity and creativity through movements (dance). If they find themselves loving dance, they will find self-confidence and self-esteem in their own way and in their own time. For this mission I have created a method using three different types of dances. They included Creative movement, Ballet and Modern dance.

Why these types of dance?

Creative movement techniques are help them to discover the body awareness and movement vocabulary by themselves. I let them improvise under the many suggested images and also let them create their own images to dance. They will learn that we are all different in very special ways. We often work as a group so that they have a chance to learn how to create a group work as well. In this section, we watch each other and critique each other. This way the children are able to develop a thought process in observing dance.

Ballet is always a basic foundation of any kind of dance. We learn the fundamentals of body awareness and the body line at the bar lesson.

Modern dance technique brings more dynamics, muscular movement and steps into the movement.

These techniques are combined in appropriate amounts for each age group.

We also add breathing exercise into each class. I believe that students who take my class will have a fundamental appreciation and basic training for any kind of dance in the future.

One of my respected artist's friends once told me that each of us has a clock that rings when it's ready. I believe that each of us will bloom when it is our time. My mission is to lead them to blossom in their own way at that special time.

DANCESTEEM
C/O MOBU DANCE STUDIO
TAKAMI CRADDOCK
3901 23RD STREET
SAN FRANCISCO, CA 94114



Director: Takami Craddock

(415) 665-3914

dancesteem@earthlink.net





DANCESTEEM PROGRAM

Basic Rules

New Students: The first and second classes are tryout classes that you can pay by individual class fee. After you decided to enroll the program, the remainder of the semester fee is due. After you have enrolled in the class there are no refund the fee.

Dress Code: You can wear any type of leotard in any color, but not tutu's. If the student wants to put on a skirt, it has to be a simple and soft material that it will not be in the way of dancing. Ballet slippers are optional. If your child has a long hair, please tie as bun or ponytail.

Performance: DancEsteem produces one annual performance. The date and the theater will be Sunday May 6th 2007 at the Cowell Theater at Fort Mason. Participation in the performance is optional. If you wish not to participate in the performance, you need to let the director know as soon as possible after you have enrolled the program. We collect performance fees every year reflected by the scale of the production. This year's performance fee was \$120. Performance fees included new leotard and the rest covers the cost of production. The students who have participated the performance more than 3 years will be recognized on the stage and receive a certificate. When the students reach the 5th year performance, she /he will have a solo dance. These students will pay for the costume and rehearsal studio fee.

Concerns & Questions: After your child has enrolled in the program and if you have any kinds of concerns and questions, please don't hesitate to contact Takami either by phone or e-mail.

2006 Fall Class Schedule		
Day	Age	Time
Mondays	Pre-k	3:15 - 4:15
	Hip Hop	4:15 - 5:45
Tuesdays	Kinder	3:50 - 5:00
	4th & 5th	5:00 - 6:30
Wednesday	3rd & 4th	4:00 - 5:15
	Advance	5:15 - 6:15
Thursday	1st grade	4:00 - 5:15
	Pre-Adv.	5:15 - 6:15
Friday	2nd grade	4:00 - 5:15
	Teens	5:15 - 6:45

Location Address: San Francisco

MoBu Dance Studio: 390 23rd Street San Francisco, CA 94116

Special Program

DancEsteem has started an exchange program between Sanae Hara Dance Academy, in Shizuoka Japan since 2004. This means that my students and her students perform at each other's annual performance. This year 8 students of the program and their family went to Japan to participate in her school performance. This program goal is that having an opportunity to exchange students within different cultures and people through dance. This program is offered to all students who are committed to dance and work hard. (above 4th grade, more than 3 years of participation in the program with taking advance class required.)

Staff Members

Director: Takami Craddock

Assistant Training: Anju Aldis, Laura Laderman, Katie Morrison, Emily Morrison, Danielle O'Farrell



