



MoBu Dance Studio's DancEsteem 2021 SPRING Schedule
January 11 – May 18 (16 weeks)
(OUTDOOR SCHEDULE)



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Nekai's House	MoBu Church St.	Brown House	MoBu Church St.	Brown House	MoBu Church St.	Brown House	MoBu Church St.	Forde House	MoBu Church St.		MoBu Church St..
3:45–4:45 Hip Hop I (1 st & 2 nd) *Nekai	3:45–5:15 Modern (2 nd & 3 rd) *Takami	4:00–5:30 Contemporary (4 th & 5 th) <i>previously Wed. w Aly</i> *Takami	4:00–5:00 Ballet I (1 st & 2 nd) *Aly	4:00–5:30 Contemporary Pre-Teen (7 th & 8 th) *Emily	4:00–5:15 Modern (1 st & 2 nd) <i>previously Tues. w Amy</i> *Takami	4:00–5:30 Contemporary (6 th & 7 th) *Aly	4:00–5:30 Modern (3 rd & 4 th) <i>previously Fri.</i> *Takami	4:00–5:00 Modern (K-1 st) *Takami	4:30–5:30 Ballet II Younger (3 rd – 5 th) <i>previously Wed. 5:30</i> *Vincent		10:00–11:00 Modern (Pre-K) *Takami
4:45–5:45 Hip Hop II (3 rd – 5 th) *Nekai	5:15–6:45 Contemporary (4 th & 5 th) *Takami		5:00–6:30 Ballet I & II Older (6 th & up) *Vincent	5:30–7:00 Teen III-a (8 th & 9 th) *Emily	5:15–6:45 Contemporary (6 th & 7 th) <i>previously Tues</i> *Aly	5:30–7:00 Contemporary Teen II (6 th +) *Aly	5:30–7:00 Contemporary Teen III-b (8 th & 9 th) *Takami	5:00–6:30 Contemporary Teen IV *Takami	5:30–7:00 Ballet IV Older *Vincent		11:00–12:15 Modern (1 st & 2 nd) *Takami
5:45–6:45 Hip Hop Teen I (6 th -8 th) *Nekai	6:45–8:15 Contemporary Teen V *Takami		6:30–8:00 Contemporary Company I *Takami	7:00–8:30 Teen VI *Takami	7:00–8:30 Workshop A (8 th +) *Aly		7:00–8:30 Contemporary Company II *Takami	6:30–8:00 Workshop B (8 th +) *Aly	7:00–7:30 Pointe *Vincent		12:30–2:00 Modern (2 nd & 3 rd) *Takami
7:00–8:30 Hip Hop Teen II (9 th +)											3:00–4:00 Parent's Dance Class *Takami

Note: Classes will be held on all observed holidays, except for Spring Break week during which there will be no classes March 3 - April 3, 2021.

COLOR KEY:

HIP HOP CLASSES

BALLET CLASSES

ADULT CLASSES

MoBu Dance Studio Church Street: 1605 Church Street
 Contact: info@mobudancestudio.com | 415.602.8557

OUTDOOR CLASS ATTIRE

- For **all classes**: please wear layers. Easily zip up thick sweatshirts in case it is cold, with a lighter tight fitting top underneath in case it is warm
- For **Contemporary**: please wear dark color socks and dark colored leggings or sweatpants (no shorts!).
- For **Ballet**: please bring your ballet slippers, all Ballet will be at MoBu which has the Marley flooring. You can wear sweatpants over your leotard.
- Depending on location, you may get an email directly to your class about additional attire/footwear suggestions.

REGULAR CLASSROOM ATTIRE

Modern Pre-K: basic modern & ballet steps and movement

Attire: dance leotard (No tutu. If you want skirts they must be attached to leotard), ballet tights and slippers; long hair in ponytail or bun

Modern K-1: introduces more ballet basics

Attire: dance leotard (No tutu. If you want skirts they must be attached to leotard) ballet tights and slippers; long hair in ponytail or bun

Modern 1st & 2nd: introduces pop steps

Attire: dance leotard, ballet tights and slippers; long hair in ponytail or bun

Modern 2nd & 3rd: introduces more defined modern dance steps

Attire: dance leotard, ballet tights and slippers; long hair in ponytail or bun

Modern 3rd & 4th: introduces jazz steps

Attire: tight tank top, black leggings, jazz shoes; or also can use tank top and black leggings (if cold, layer over tank top); long hair in ponytail

Contemporary 5th and up through Teen IV: contemporary dance and choreography

Attire: tight tank top (no baggy t-shirts, if cold, layer over tank top); leggings, toe pads; long hair in ponytail

Company I & II: contemporary choreography, improvisation and dance show production for students in upper grades of high school, taking multiple classes or taking school dance program, with 5+ years in the program who have expressed commitment, interest and discipline.

Attire: tight tank top (no baggy t-shirts, if cold, layer over tank top); leggings, toe pads; long hair in ponytail

Hip Hop Classes: explores all aspects of Hip Hop style and technique. Classes divided by grade/age.

Attire: loose pants and top; Hip Hop dance sneakers (no converse)

Workshop (8th grade +): for dancers with 3 years in program who want to take an extra class as a technical add-on for those already in a contemporary class. This class explores new areas of dance technique, movement and choreography and can also be useful for students pursuing school dance programs to prepare for auditions.

Attire: tight tank top (no baggy t-shirts, if cold, layer over tank top); leggings, toe pads; long hair in ponytail

Ballet: MoBu's Ballet classes teach technique, discipline, form, strengthening and Ballet skills. MoBu offers Ballet 1x week to compliment

Modern/Contemporary classes and give dancers access to important foundations in dance and is therefore different from other programs that offer Ballet as a focus requiring 2x+ per week.

Attire: ballet leotard, ballet tights & shoes; no ballet skirts or tutus; hair in ballet bun

IMPORTANT INFO! DANCE CLASS CONDITIONS DUE TO THE COVID-19 PANDEMIC:

- Until the San Francisco Department of Public Health declares conditions safe to resume normal in-person classes, we are offering a hybrid version that complies with and has been cleared by the Department of Public Health: **all classes with 8 more will be divided into stable cohort groups that will alternate in-person outdoor classes and virtual classes. Student in families who choose not to attend in person at all can do virtual only. Classes with 8 or less can meet weekly.**
- MoBu Dance Studio will carefully follow [SF County guidelines](#) you can view [here](#), some highlights for MoBu include:
 - Teachers will be provided with and required to use PPE, including masks at all times.
 - Students will be required to wear masks at all times.
 - Parents will drop off or pick up at the front doors of each studio, if there is a line, maintain 6-foot distance and masks are required. There will be a staff person to receive your dancer.
 - There will be temperature checks.
 - There will be hand sanitizer at each site for use before and after class.
 - Thorough cleaning measures remain in place.